

HOW TO REFLECT ON EMOTIONS AFTER THE FILM SCREENING

I.N.S.E.R.T

Summary:	The method is mainly used when working with text, but it can also be used well for reflection. It consists of using four signs (+, -, !, ?) in order to conduct a structured discussion. It is a good follow-up activity after the One word method.
Length:	15-30 min. (depends on the chosen procedure, as well as the number and experience of students)
Procedure:	<ol style="list-style-type: none"> 1. If you do this method for the first time with the students, distribute the WORKSHEET. When repeating the method, they will no longer need it. They can record their answers on paper or orally. 2. As for the plus (+) sign, the students state what they perceive as positive in the film (it can refer to the context of the film, for example – an idea, a message, a scene, or the form of the film). 3. The minus (-) sign, on the other hand, indicates what they perceive as negative. 4. There are several options for the exclamation mark (!). Choose ideally according to the message of the film. Students can talk about what was new for them in the film, what they consider its strongest part, etc. 5. The question mark (?) allows students to ask questions. The answers can then be given in different ways: by searching together, by assigning homework for the next class, or by a direct answer. 6. Afterwards, let students share what they have written down for each sign. Let them discuss and ask each other questions. Discuss the positive moments first, then the negative, etc. 7. Do not write down any conclusions or comments. Focus on guiding the discussion.
Tips:	<ul style="list-style-type: none"> ■ It is not necessary to let the students record all the answers in a written form (it can be time-consuming and reduce energy). In the case that the students are already used to this method, we choose the answer orally (we do not insist on writing it down). ■ We don't necessarily have to use all the signs, you can work with just a few or one sign. ■ It has also proven useful to work with this method in groups. ■ It is also advisable to use the I.N.S.E.R.T. when a guest is invited to the lesson. Thanks to this method, the questions for the guest are already prepared and you do not have to be afraid that no one will ask.

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I.N.S.E.R.T – WORKSHEET

PROCEDURE:

1. Next to the **plus sign**, write what you perceive as positive about the film.
2. Next to the **minus sign**, write what you perceive as negative.
3. In the box with an **exclamation mark**, write which moment of the film had the strongest impact on you.
4. In the field with a **question mark**, write the questions that come to your mind about the topic of the film.

+	-
?	!